

Parkhall Primary School  
The Week Ahead

Dear Parent and Guardian,

This week coming is very important for you and your child in helping support their progress in school. You and your family have an important contribution to make to your child's learning and development. Learning is not just for school it is both home and school working together to help your child reach their potential. Please do attend the meeting with your child's teacher this week.

This Sunday our choir will be representing the school at the Peace Proms Concert in the SSE Arena in Belfast. This is a great annual event that our children really enjoy. I look forward to sharing some pictures from the event next week.

S Baillie

Monday 26<sup>th</sup> February – Friday 1<sup>st</sup> March – Parent Teacher consultations

**Please remember that school for all children that week will finish at 1:30pm, after schools will be available from 1:30pm – 3:30pm.**

#### School Attendance

I am in the process of contacting families in relation to attendance and have unfortunately referred some of our families to the Education Welfare Service. Please remember that your child must attend school as much as possible. If there are issues that we can help you with to support attendance, please let us know.

#### Parent Pay

Please make sure that your child's Parent Pay account has credit for any services that they use. Unfortunately, we have to refuse break to some children and we never want this to be the case. Please ensure that your child's account has credit, otherwise they will not receive their break.

In an emergency please contact the school office for support.

#### **School Uniform**

Please take the time over half term to sort out the uniforms and get them ready for the second half of the year.

Most children in school wear their uniform properly and are a credit to you and our school. We are less than halfway through the year and the standard of some of the uniforms is poor.

- We have an array of coloured footwear, it should only be black footwear,
- Ties missing for weeks and not replaced, these are available from the office or from Wallace's in Antrim.
- Leggings are not suitable for school; children must wear skirts or trousers.
- Only school jumpers in school, no hoodies, sweatshirts, or other jumpers.
- Please put your child's name on uniform, it helps when they get misplaced.

## Healthy Breaks

For many years we have had a Healthy Breaks Policy in school. This has been guided by the Health Promotion Agency and the Department of Education. At all times, for break, we are promoting a healthy option for our children. I will follow up in the next few newsletters, about a healthy break for our children.

### Healthy breaks for schools

At this school,  
we are committed  
to healthy eating


At break time we enjoy healthy snacks because they help us grow properly, do our best in school and make us healthy and happy in the future.



			
<b>Milk</b> All whole, semi-skimmed or skimmed unflavoured milk	<b>Water</b> Tap water or unflavoured, still, bottled water	<b>Fruit and vegetables</b> All fresh fruit and vegetables	<b>Bread based snacks</b> White or wholemeal breads spread thinly with a little low-fat spread, plain breadsticks or toast

**HSC** Public Health Agency  
Public Health Agency  
12-22 Lonsdale Street, Sydney 2123 NSW  
Tel: (02) 955 5555 or 131 14 (toll-free)  
www.hscpublichealth.nsw.gov.au  
   

**school food**

Department of Education  
www.education.nsw.gov.au

4/19

### **NBA Junior Basketball Programme**

Our year seven pupils had their first session with Tony Rodgers from Antrim Jets Basketball Club. The children will be taking part in a six week programme and then a squad of twelve children will be selected to represent the school at a mini NBA festival. As you can see from the pictures, they are all having a great time.





### **Year Seven IFA Football**

The IFA have been in school taking some of our children for football sessions. These sessions involve reading and playing football, as you can see the children enjoyed developing their skills.



### Safer Internet

It occurred to me this week, when an adult show was being shared throughout Northern Ireland, that whatever adults can see using social media so can children. One event made its way to a large number of the population and if your child has a smart phone and is using social media, it is possible that they may have been exposed to the images and videos that have been shared. Please monitor your child's phone and their use of any social media platform.

#### TIK TOK

Many of our children are using Tik Tok and as you know, they are all below the guidance age 13 to use the app. Please follow the link to some useful guidance to help you ensure safer use of Tik Tok.



### World Book Day 2024

World Book Day is on Thursday 7th March 2024, and we are going to be celebrating the day in school.

The pupils will be involved in a variety of activities in school throughout the day.

Dressing up - we would like pupils to dress up as a book character. If the pupils have a book for this character, they can bring it with them to school. There are lots of ideas online to help parents and pupils to create their own costume if they wish to.

Craft - pupils will each be receiving a paper plate in school to take home with them. We would like pupils to use their paper plate to make a book character or something related to a book. Pupils should bring their paper plate creations into school on or before World Book Day (7th March). We look forward to seeing all of the pupils' crafts.

Thanking you for your support  
L McKinstry

### Dates for your diary

Monday 26<sup>th</sup> February – Friday 1<sup>st</sup> March – Parent Teacher consultations – school will close at 1:30pm each day.

Thursday 7<sup>th</sup> March – World Book Day

Monday 18<sup>th</sup> March – St Patrick's Day - School closed

Thursday 21<sup>st</sup> March – Key Stage Two Show – The Little Mermaid

Thursday 27<sup>th</sup> March – Last day of Term Two

Monday 8<sup>th</sup> April – Children return to school

## PUPIL OF THE WEEK

Well done Pupils of the Week!





## School Meal Menu next week:



## EAT SMART WITH **THE LUNCH BUNCH @ Parkhall PS**

Week beginning - Monday 26<sup>th</sup> February.

Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Main Course	Main Course	Main Course	Main Course
Golden Crumbed Fish Fingers -Or- Freshly Baked Ham & Cheese Panini	Beef Ragu Italia -Or- Homemade Margherita Pizza	Roast of the Day Stuffing & Gravy -Or- Quorn Dippers	Chicken Curry & Naan Bread -Or- Baked Pork Sausages & Gravy	Chicken Goujons & Sweet Chilli Dip -Or- Roast Mediterranean Vegetable Pasta Bake
SIDES	SIDES	SIDES	SIDES	SIDES
Baked Beans & Garden Peas Chipped / Baked Potato	Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice or Salad	Fresh Vegetables in Season Mashed / Oven Roast Potato	Garden Peas / Baton Carrots Boiled Rice / Mashed Potato	Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Homemade Flakemeal Biscuit	Mandarin Orange Sponge & Custard	Homemade Brownie & Orange Wedges	Arctic Roll and Peaches	Fruit Muffin & Apple / Orange Juice
MILK, WATER, BREAD AND FRESH FRUIT AVAILABLE DAILY		MENU MAY CHANGE DUE TO DELIVERY ISSUES		IF YOU REQUIRE ADDITIONAL INFORMATION ON ALLERGENS AND SPECIAL DIETS, PLEASE CONTACT SCHOOL